



Tour:

ITALY SOCCER TOUR

Destination:

Rome, Florence & Milan, Italy

Itinerary:

10-days / 9-nights total trip



ITALY SOCCER TOUR

Rome, Florence & Milan

Day	Morning	Afternoon	Evening	Lodging
1	Travel overnight to Rome, Italy			
2	Arrive Rome, clear customs, transfer to Hotel & Check-In	Welcome, Safety & Orientation Briefing + Rome City Tour	Italy Welcome Dinner	Rome
3	Training Session (Own Coaching)	Professional Sports Game; Dinner		Rome
4	FRIENDLY MATCH 1	Ancient Rome Guided Tour	Dinner, Gladiator School & Museum	Rome
5	Professional Coaching Session	Transfer to Tuscany; Hotel Check-In	Dinner & Free Time	Tuscany
6	FRIENDLY MATCH 2	Guided Florence City Tour	Dinner & Free Time	Tuscany
7	Transfer to Milan; Hotel Check-In	Soccer Museum + Milan Professional Game; Dinner		Milan
8	FRIENDLY MATCH 3	San Siro Stadium Tour	Pasta or Pizza Making Class / Dinner	Milan
9	Milan Guided City Tour / Shopping & Exploration	Casa Milan Tour AC Milan Headquarters & Museum	Dinner & Bowling Night	Milan
10	Transfer to Milan Malpensa International Airport; return flight home			



As with all sample itineraries, please be advised that this is an 'example' of a schedule and that the activities and hotels shown may be variable dependent upon dates, weather, special requests and other factors. Itineraries will be confirmed prior to travel.



Hammock Expeditions, LLC
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This is the ideal tour to combine sports activities with sightseeing and discovering Italy's most important landmarks, from the majestic Rome to Milan, passing through Florence, the Renaissance capital.

Sports Content Highlights

Italy has always been at the top of the European football landscape. Guest teams will always find a place to challenge other teams, train with professional coaches, and relax while sharing a sandwich after a well-balanced match.



PREMIUM SPORT FACILITIES



COMPETITIVE MATCHES



FIGC CERTIFIED COACHES



ASK US ABOUT OUR BASKETBALL, TENNIS & GOLF TOURS TO ITALY

Day 1: MEALS IN FLIGHT

Start your outbound journey across the pond! In most instances, flights will be an overnight option and tomorrow we'll wake up in Rome! Please enquire with us about checked baggage fees and meals in flight as they may vary dependent upon your airline.



Day 2: D

After arriving in Rome, we'll clear Customs & Immigrations and transfer to our hotel. We'll store our luggage until we are able to check-in, and then have our **Welcome, Safety & Orientation Briefing**. Afterwards, we'll tour this amazing city with a **Rome City Tour** and learn all about Italy from our Italian guide.

This evening we'll have a traditional **Italian Welcome Dinner** to kick off our tour!



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Day 3: B, L, D

This morning we'll hit the ground running – literally. After breakfast, we'll have a **training session**. Your coaches will lead the training; pitch and balls will be provided.

In the afternoon, we'll make our way to watch a **professional football game**. Lazio and Roma are the two principal football teams of Rome. They both have large local followings – dividing the city in two – and play in Serie A, Italy's top division. The two teams share the Stadio Olimpico and alternate its use. The derby matches between the two teams are hugely important, with an electric atmosphere which spreads through the whole city.

Please be aware that we cannot guarantee any specific match or club without your specific travel dates. Please also know that if one of the top team matches may not be possible, we will give you every option possibility that will correspond with your dates of travel. Also understand that summer is the off-season for Italian soccer. If your trip falls in June-August, professional games may not be available.

Day 4: B, L, D

Today will be **FRIENDLY MATCH 1**. Game times will vary based on competition availability and time of year for travel. Both boys and girls teams are welcome.

When not playing, we'll also delve into **Ancient Rome** today with a guided tour. Discover the **Roman Coliseum**, the **Roman Forum, Fori Imperiali** and more.

After dinner this evening, we'll learn about the **Roman Gladiators**. Participants will be able to visit the **Gladiator School** for a full training session plus check-out the **Gladiator Museum**.

EXCURSION OPTION: Vatican Museums, Sistine Chapel & St Peter's Basilica

Discover the Vatican with a tour of the Sistine Chapel and the Vatican Museums. Navigate the vast complex of rooms, artwork, and history with a guide who brings the ancient collection to life. Explore halls such as the **Gallery of the Maps**, step inside the **Sistine Chapel** to admire 'The Creation of Adam' by Michelangelo and finish your tour visiting **St. Peter's Basilica**. This experience is simply amazing and one of the most beautiful sites in the world!

Day 5: B, L, D

This morning we'll kick off with a **Professional Coaching Session**. Meet your **Italian Coaching Team** and blend your coaching skills to offer an amazing morning of skill development and training techniques.

This afternoon we'll travel to Tuscany and get checked into our hotel. Florence is a walking city so this evening is a great time to get out and explore!

Day 6: B, L, D

Today will be **FRIENDLY MATCH 2** as we meet our Tuscany competition. Specific game times will vary based on competition availability and time of year for travel. Both boys and girls teams are welcome.



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When not playing, today we'll **explore Florence** with a **Guided City Tour**. Florence was a center of medieval European trade and finance and one of the wealthiest cities of that era. It is considered by many academics to have been the **birthplace of the Renaissance**, becoming a major artistic, cultural, commercial, political, economic and financial center.

EXCURSION OPTION: The Galleria dell 'Accademia di Firenze

Among the greatest sculptural masterpieces ever chiseled by human hands, **Michelangelo's David** needs no introduction. Its combination of ideal beauty and strength of spirit crowns Florence's Accademia Gallery. Visit this world-famous museum and learn about the impressive collection of artwork inside. Witness Michelangelo's masterpiece and hear about its fascinating history. You'll also have a chance to check out the artist's unfinished "Prigioni" as well as works by Renaissance greats like Lippi and Botticelli.

Day 7: B, L, D

After breakfast this morning we'll transfer to Milan. On arrival, we'll tour the **Mondo Milan Museum**. From its origins as **Milan Football & Cricket Club** to the pinnacle of world football: relive over 120 years of Rossoneri history told through this spectacular collection of memorabilia, victories and exclusive interviews to guide you through the Rossoneri's glorious history. Memories and testimonies are interspersed with the artifacts that made history, in a true emotional crescendo.

This afternoon we'll enjoy a **Milan Professional Football Game**.

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This evening, we'll get settled in our hotel and have a relaxing evening.

Day 8: B, L, D

Today will be **FRIENDLY MATCH 3** as we meet our Tuscany competition. Specific game times will vary based on competition availability and time of year for travel. Both boys and girls teams are welcome.

When not playing, we'll get a chance to tour the incredible **San Siro Stadium** with a **private tour**. Nestled in the heart of Milan, the San Siro Stadium stands tall as a testament to the rich culture of football history and architectural brilliance. Constructed in 1925, the San Siro Stadium has evolved over the decades, mirroring the evolution of football design and culture itself. Also known as the **Giuseppe Meazza Stadium** and named after the legendary Italian footballer, this iconic sporting arena has not only witnessed some of the most legendary football matches but has also become an integral part of the cultural fabric of Milan.

This evening we'll try our hand at culinary culture with a **pasta or pizza making class** for dinner.



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Day 9: B, L, D

On our last full day in Italy we'll start by getting to know the city with a Milan Guided City Tour. We'll make sure you have time for shopping and exploration too!

In the afternoon we'll visit **Casa Milan**, the **AC Milan Headquarters**. Explore the Museum, shop the store and soak in the vibes! Since May 2014, the Rossoneri have had a modern and functional headquarters: Casa Milan. It welcomes Rossoneri fans and all those who want to learn about their history and values.

This evening we'll have our Farewell Dinner as we start to say goodbye to Italy and wrap up with a fun night **bowling!**

Day 10: B

After breakfast and dependent upon travel times, we'll start packing our bags and begin to say goodbye to this awesome region as we head off for the airport and our travel home.

ARRIVEDERCI!

A Nation That Lives and Breathes Football

In Italy, football is more than just a game—it's a passion woven into the fabric of everyday life. From the streets to the stadiums, football unites communities and ignites a fervor that transcends borders.



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STEM
STUDY TOURS
TRAVEL WITH PURPOSE

ITALY SOCCER TOUR – ROME, FLORENCE & MILAN

Minimum Booking Numbers:

20 students

What's Included:

Round-trip international flights
8-nights' accommodation in Italy: 3-nights Rome, 2-nights in Tuscany,
3-nights in Milan + 1-night air
Breakfasts, lunches & dinners daily starting with dinner on arrival and
ending with breakfast on departure (flight time permitting)
Transportation for programmed activities & airport transfers
3 MATCHES, PER TEAM – Rome, Florence & Milan
Pitch use for coaching session on day 3 (coaching on own)
Professional Football Game in Rome
Professional Coaching in Rome or Florence, Coaching/Pitch provided
Professional Football Game in Milan
Mondo Milan Soccer Museum excursion
San Siro Stadium Tour – Milan
Casa Milan AC Headquarters & Museum
Gladiator School & Museum excursion
Ancient Rome Guided Tour
Guided City Tour of Florence
Pasta or Pizza Making Class
Guided City Tour of Milan
Bowling Excursion
Personal Tour Director
24-hour emergency cover

What's Not Included:

Fully comprehensive insurance (mandatory)
Transfers to/from home airport
Baggage costs, pay directly to airline if required
Baggage handling - each student should be able to carry/load their
own suitcase
Transportation for activities not shown in the itinerary
Excursion Option: The Vatican
Excursion Option: The Galleria dell 'Accademia di Firenze
Snacks and beverages other than at meal times
Cost of passports nor required visas
Cost of inoculations or medication required for travel
Sightseeing / Entertainment options not shown as included
Hotel incidental deposits & bills – meals, mini-bar items, recreation
charges, purchases billed to room, etc.
Any gratuities – drivers, hotel service, ambassador
Credit card fees if individuals wish to pay via credit card

As always, our staff are always available to you to answer any questions you may have regarding programming.
If we may serve you in any way, please do not hesitate to contact us.



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